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Original Research

Characterization of Luteal Blood Flow and Secretion of Progesterone in Mares Treated With Human Chorionic Gonadotropin for Ovulation Induction or During Early Diestrus

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ABSTRACT

Human chorionic gonadotropin (hCG) has been used to induce ovulation and as a luteotropic agent in cattle. However, the effect of hCG therapy on the functional status of the equine corpus luteum (CL) is unclear. This study aimed to characterize the hemodynamic and secretory function of early CL of mares treated with different doses of hCG at distinct stages of the estrous cycle. Mares were assigned to nine experimental groups (n = 6 mares/group) according to dose of hCG and time of treatment. A single injection of one of three different doses of hCG (750, 1,500, or 2,500 IU) was performed in one of three distinct stages of the estrous cycle: preovulatory follicle/C2135 mm, day of ovulation (D0), or 48 hours after ovulation (D2). In addition, a control group treated with NaCl 0.9% was included in the study. The end points evaluated daily from D0 to D8 were area of the CL, luteal vascularity, number of colored pixels and total pixel intensity, and concentrations of plasma progesterone (P4). No effect (P > .1) of dose or time of treatment was observed for any end point, within each day. Luteal area did not differ throughout the days (P > .1), whereas Doppler parameters and concentrations of plasma P4 presented a progressive increase (P < .05) after ovulation in all groups. Secretory function and luteal hemodynamic were not affected (P > .1) by hCG dose and time of treatment. In conclusion, hCG therapy during estrus or early diestrus, at the doses tested, did not improve P4 secretion or luteal blood flow.

1. Introduction

The corpus luteum (CL) is a transient endocrine gland responsible for synthesis of progesterone (P4). Physiological functionality of this dynamic structure requires a prompt development of an extensive vascular network [1] that needs intense and progressive luteal angiogenesis during early diestrus [2].

Color Doppler ultrasonography is a noninvasive real-time pulse-wave technique currently used for transrectal study of hemodynamics of the reproductive system in large animals [1]. Considering the extensive luteal angiogenesis observed during early diestrus, Doppler ultrasonography has proven to be an efficient real-time method for in vivo evaluation of structural and functional status of the CL in mares [3].
Luteinizing hormone (LH) is essential for the luteogenic process and adequate function of the CL [4]. Human chorionic gonadotropin (hCG) is a glycoprotein with LH-like biological activity and luteotrophic action [5]. In cattle, hCG has been used to trigger a long-term rise in P4 [6,7], however, usually as a result of the formation of an accessory CL [8,9]. In mares, in vivo and in vitro studies suggested a positive correlation between hCG administration, concentrations of plasma P4, and fertility [10,11]. Conversely, Urqueta et al [12] and Hendriks et al [13] reported no effect of hCG therapy during estrus and early diestrus on future CL functionality.

As maturation of luteal cells in the newly formed CL is completed approximately 3–4 days after ovulation [3], treating mares with hCG to induce ovulation may have the potential to enhance luteal function. Therefore, considering the unclear effect of hCG on equine CL functionally, the effect of hCG therapy on P4 synthesis and luteal angiogenesis must be clarified.

Therefore, we hypothesized that hCG therapy in the presence of a preovulatory follicle or at the day of ovulation, or 2 days after ovulation, would alter P4 secretion in mares. Accordingly, the main purpose of this study was to characterize the hemodynamic and secretory function of early CL of mares treated with different doses of hCG at distinct stages of the estrous cycle. Specific goals were to determine the temporal relationship between luteal blood flow, area of the CL, and concentrations of plasma P4 of mares treated with hCG.

2. Material and Methods

2.1. Animals and Experimental Groups

Cycling mixed breed mares 4–18 years of age, weighing 250–380 kg, were used. Animal care was carried out according to the São Paulo State University Guide for Care and Use of Agricultural Animals in Research. Mares were fed grass hay, pelleted feed, and trace-mineralized salt with free access to water. Body condition score for all mares was >7 (of 14 points; [14]). Age of mares was estimated from dental characteristics as described by the American Association of Equine Practitioners Manual [15]. Mares were scanned daily for follicular development monitoring and ovulation detection using B-mode ultrasonography.

Before the beginning of the experiment, all mares were submitted to ovulation inducing treatment with 2,500 IU of hCG to identify animals with refractory responses to hCG therapy. Only mares that ovulated between 24 and 48 hours after treatment with hCG were used.

Mares were assigned to nine experimental groups (n = 6 mares/group) according to time of treatment and dose of hCG. Treatments were performed in one of three distinct stages of the estrous cycle: (a) when a dominant follicle ≥35 mm and uterine edema were observed (induction group); (b) on the day of ovulation (D0 group); or (c) 48 hours after ovulation detection (D2 group). A single IV injection of one of three different doses of hCG was used: 750, 1,500, or 2,500 IU (Vetecor 5000 U.I.; Calier S.A, Barcelona, Spain).

A control group of non-hCG-treated mares (n = 6) was included in the experimental approach. Mares from the control group were treated with a single IV injection of 2 mL of 0.9% NaCl solution when a preovulatory follicle ≥35 mm associated with uterine edema was observed. Only mares with spontaneous ovulation were used in control, D0, and D2 groups. Transect ultrasonography examination was done once daily for monitoring of follicular development and detection of ovulation in D0 and D2 groups. In induction group, ultrasonography examination was performed every 6 hours from the moment of hCG treatment until the observation of a CL.

2.2. Ultrasonography

Doppler ultrasonography examination was performed every day from D0 to D8. Color Doppler ultrasound (Sonoace Pico; Medison do Brasil Ltda) equipped with a linear-array multifrequency transducer (LV5-9CDn, 5–9 MHz) was used for evaluation of vascular perfusion of the CL. Brightness, contrast, and gain settings of the ultrasound unit were kept constant throughout the experiment [16].

Power Doppler function was used to display blood flow signals in the luteal tissue as previously described by Ginther et al [17]. Vascular perfusion of the CL was initially estimated subjectively by considering the percentage (0–100%) of luteal tissue with color Doppler signals during

<table>
<thead>
<tr>
<th>Groups</th>
<th>End Point</th>
<th>Luteal Area</th>
<th>Progesterone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Induction-750</td>
<td>35.7 ± 0.58* (35.0–37.8)</td>
<td>616.4 ± 62.6 (577.2–658.2)</td>
<td>12.9 ± 1.7</td>
</tr>
<tr>
<td>Induction-1500</td>
<td>35.8 ± 0.59 (35.0–39.1)</td>
<td>566.3 ± 45.3 (487.3–614.0)</td>
<td>10.6 ± 1.7</td>
</tr>
<tr>
<td>Induction-2500</td>
<td>35.8 ± 0.62 (35.0–37.6)</td>
<td>562.6 ± 67.3 (415.1–686.9)</td>
<td>11.4 ± 1.4</td>
</tr>
<tr>
<td>D0-750</td>
<td>44.4 ± 2.25 (50.0–52.9)</td>
<td>613.9 ± 49.8 (473.5–700.6)</td>
<td>14.2 ± 1.6</td>
</tr>
<tr>
<td>D0-1500</td>
<td>45.1 ± 2.50 (38.9–53.0)</td>
<td>627.9 ± 68.3 (571.9–672.1)</td>
<td>15.5 ± 2.5</td>
</tr>
<tr>
<td>D0-2500</td>
<td>46.4 ± 1.60 (41.1–51.0)</td>
<td>598.9 ± 71.0 (491.4–708.1)</td>
<td>13.8 ± 1.6</td>
</tr>
<tr>
<td>D2-750</td>
<td>44.1 ± 1.30 (41.8–49.0)</td>
<td>529.7 ± 53.6 (452.1–591.8)</td>
<td>12.2 ± 0.7</td>
</tr>
<tr>
<td>D2-1500</td>
<td>43.5 ± 1.00 (41.6–47.9)</td>
<td>528.5 ± 45.8 (472.6–595.1)</td>
<td>12.7 ± 1.3</td>
</tr>
<tr>
<td>D2-2500</td>
<td>45.4 ± 2.80 (39.4–54.1)</td>
<td>544.2 ± 71.5 (499.4–596.3)</td>
<td>13.8 ± 1.8</td>
</tr>
</tbody>
</table>

Abbreviation: hCG, human chorionic gonadotropin.

Treatments have been performed in the presence of a preovulatory follicle >35 mm, on the first day of corpus luteum visualization or 2 days after ovulation (induction, D0, and D2 groups, respectively).

* and ** are different (P < .05) within an end point.
real-time imaging and continuous examination with a minimal of 1-minute scan. Recorded data underwent objective evaluation to validate the subjective analysis. All Power Doppler scans were recorded on a laptop computer equipped with a video capture card (Pinnacle Studio 9). Three still images from cross-sections of the middle segment of the CL on each examination were extracted and saved in JPG and later TIFF format, using the software “Free Video to JPG converter v.5.0.22” and Adobe PhotoShop 5.5 (TIFF format, Adobe Systems, San Jose, CA). Number of luteal color Doppler signals was indicated by the total number and intensity of pixels per colored image which are calculated by the software ImageJ 1.31v (National Institutes of Health, Bethesda, MD) as previously described [18]. Doppler intensity indicates the greater blood velocity considering the degree of brightness of the colored pixels [1]. Total pixel intensity of the CL was based on the computer-generated brightness level for each pixel, summed for all pixels [19].

The area of the CL (mm²) was determined using the scanner’s tracing function, in one B-mode still image. In case of cavity CL, the luteinized area was calculated subtracting the cavity area from the total CL area.

2.3. Progesterone Assay

Blood samples were collected immediately before each ultrasonography examination by jugular venipuncture into heparinized tubes for the measurement of concentrations of plasma P4. After collection, samples were centrifuged (1,200g for 10 minutes). Plasma samples were stored at −20°C until assayed. Concentrations of plasma P4 were measured using radioimmunoassay with commercial kit (Coat-a-count progesterone Kit, Diagnostic Product
Corporation, DPC, Los Angeles, CA). The intraassay coefficient of variation and sensitivity of assay was 7.6% and 0.05 ng/mL, respectively.

2.4. Statistical Analyses

Mixed-model analysis for repeated measures was used to compare the means of each response variable between groups and time and their interaction (SAS PROC MIXED - Version 9.2 SAS Institute, Inc, Cary, NC). Post hoc analyses were conducted using Tukey test. The level of significance was defined at 0.05. Data are present as mean ± standard error of the mean.

3. Results

There was no effect of different doses of hCG administration on time of ovulation (P > .1). Regardless of the dose of hCG, ovulation was detected approximately at 41.0 ± 1.0, 38.0 ± 2.0, and 41.0 ± 1.9 hours after treatment with 2,500, 1,500, and 750 IU of hCG, respectively. When compared with hCG-treated mares independent of the dose, the interval between 0.9% NaCl treatment and ovulation detection was greater (P < .05) in control mares (105.6 ± 14.0 hours). Follicle diameter on the last ultrasonography examination before ovulation detection of induced mares was smaller (P < .05) than in mares with spontaneous ovulation from D0 and D2 groups (Table 1).

No effect (P > .1) of hCG dose or time of treatment was observed for area of the CL within each day. When compared with the control group (603.0 ± 104.8 mm², ranged from 506.5 to 668.6 mm²), the luteal area did not differ throughout the days in all treated groups, independently of the hCG dose and time of treatment (Table 1).

No effect of hCG dose was observed (P > .1) for luteal vascular perfusion and concentrations of plasma P4 within induction, D0, and D2 groups (Fig. 1). Similarly, number of

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**Fig. 2.** Mean (±standard error of the mean) for number of colored pixels and total pixel intensity of mares treated with 2,500, 1,500, 750 IU of hCG (n = 6 mares/group) or 2 mL of NaCl 0.9% in distinct stages of the estrous cycle. Single treatments have been performed in the presence of a preovulatory follicle associated with uterine edema, on the first day of CL visualization or 2 days after ovulation (induction, D0, and D2 groups, respectively). Probabilities for effect of group (G) are shown. No effect of dose was observed (P > .1). Abbreviations: CL, corpus luteum; hCG, human chorionic gonadotropin.
colored pixels and total pixel intensity were not affected \((P > .1)\) by hCG dose (Fig. 2).

Given that hCG dose did not affect the concentrations of plasma P4 and the Doppler parameters, data from all mares treated with different doses of hCG were pooled to evaluate the effect of time of hCG treatment on luteal function. Therefore, hCG-treated mares were divided into induction, D0, or D2 groups \((n = 18\) mares/group). When compared with control group, no effect of time of treatment \((P > .1)\) was observed for concentrations of plasma P4, luteal vascular perfusion, number of colored pixels, or total pixel intensity (Fig. 3).

A progressive increase on vascular perfusion of the CL and concentrations of plasma P4 was observed in all experimental groups \((P < .001)\). Number of colored pixels and total pixel intensity also increased \((P < .001)\) during the first 8 days after ovulation.

Area of the CL was weakly correlated with subjective luteal vascular perfusion \((r = -0.14; P < .0001)\) and concentrations of plasma P4 \((r = 0.12; P < .0001)\). A positive correlation \((r = 0.69; P < .0001)\) was observed between subjective luteal vascular perfusion and concentrations of plasma P4 (Fig. 4). Similarly, number of colored pixels and total pixel intensity were positively correlated with the subjective luteal vascular perfusion \((r = 0.82\) and \(r = 0.81\), respectively; \(P < .0001)\) and with concentrations of plasma P4 concentration \((r = 0.77\) and \(r = 0.75\), respectively; \(P < .0001)\).

### 4. Discussion

The findings of the present study demonstrated no effect of hCG, independent of dose and time of treatment, on the functional and structural status of the CL in mares. Secretion of P4 was not affected by hCG therapy, which is in contrast to the report recently for cattle [8,9]. In addition, luteal hemodynamic of mares treated with low doses of hCG during estrus and early diestrus was characterized for the first time.

Our findings showed that follicle diameter does not affect the subsequent luteal function in mares. Although hCG-treated mares had smaller follicle diameter during the last examination before ovulation detection when compared with spontaneous ovulating mares, no difference was found between groups for area of the CL, concentrations of plasma P4, or luteal Doppler parameters during the first 8 days of diestrus. In contrast to what has
been described in cattle [7], ovulation inducing treatment with hCG is able to trigger a cascade of events that result in the ovulation process in mares [20] without improvement of secretory function of the CL.

Low doses of hCG were just as effective in inducing ovulation within 48 hours after treatment such as high doses of hCG, as previously reported [21]. In contrast to the suggestion by Fleury et al [11], a supposed beneficial effect on luteal P4 synthesis as a consequence of hCG action when used to induce ovulation was not observed. Moreover, morphometric parameters and functional status of CLs originated from ovulation inducting treatments with low doses (750 or 1,500 IU of hCG) were similar to the observed in mares treated with 2,500 IU of hCG or with spontaneous ovulation. In nonpregnant mares, the posttreatment luteal function has not been affected by the superovulatory treatment with equine LH during diestrus [22]. In addition, the progestin secretion during the first days after ovulation has not been affected by the treatment with hCG for induction of ovulation in pregnant mares [23]. Therefore, the hypothesis that hCG therapy during estrus or early diestrus does not affect P4 releasing was supported.

The progressive increase on concentrations of plasma P4 and high positive correlation with Doppler parameters is in agreement with previous reports in mares with spontaneous ovulation [17,24]. Moreover, no changes on uterine artery blood flow indices after the treatment with hCG have been recently reported in mares [25]. The prompt endothelial cell proliferation with the establishment of a dense capillary network establishment occurs during early phase and is required for synthesis and secretion of P4 [2,26,27].

It is likely that the physiological response of hCG action on luteal angiogenesis and, consequently, P4 synthesis differs between equine and bovine species. In the present study, an immediate and long-term rise in P4 associated with a temporary elevation of luteal vascular perfusion was not observed as previously reported in cattle [7]. Moreover, the formation of an accessory CL did not occur in the mares between D0 and D8, independent of the hCG dose and time of treatment. Greater concentrations of plasma P4 associated with greater incidence of secondary ovulations during the diestrus have been observed in cows treated with hCG [8,9]. However, the overall effect of hCG treatment on pregnant rate of cattle is remain unclear [28,29].

An earlier luteogenesis in mares treated with hCG 1 day after ovulation has been suggested [11]. However, the present study demonstrated no effect of hCG on the luteal secretory function when administrated on the day of CL detection or 2 days after ovulation. Moreover, the secretory activity of CL was not correlated with its area in the present study. This finding is in agreement with a previous study that found no correlation between luteal diameter and ovarian blood flow in mares [22]. The high positive correlation observed between concentrations of plasma P4 and

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**Fig. 4.** Colored power-flow Doppler sonograms of equine CL during early diestrus. Day of estrous cycle (D0 = day of ovulation) and respective concentrations of plasma P4 are shown. Subjective vascular perfusion of the CL (%) was scored according to the extent of luteal tissue with colored Doppler signals in the luteinized area. Abbreviation: CL, corpus luteum.
luteal vascular perfusion associated with an absence of CL area changes during the experiment suggests that Doppler technology may be a more effective method than conventional ultrasonography for evaluation of luteal functionality.

5. Conclusions

Under the current experimental conditions, hCG therapy during estrus and early diestrus did not improve luteal blood flow and P4 synthesis in mares. Moreover, the area of the primary CL and the incidence of accessory CL were not affected by administration of hCG, regardless of dose.

Acknowledgments

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